

## ST VINCENT FAMILY CENTER

At St. Vincent Family Center, we specialize in strengthening the family relationship, working with families who have been traumatized, and increasing positive behaviors in children.

### Other services provided by St. Vincent Family Center include:

- Community Psychiatric Support Treatment
- After School Program
- Residential/Respite Services
- Hispanic/Latino Services
- Early Childhood Mental Health Treatment
- Medication Management Clinic
- Therapeutic Preschool
- Deaf Services
- Outpatient Family Services



st Vincent  
family center



### Our Mission:

St. Vincent Family Center is a family service organization that develops children, strengthens families and sustains communities.



**SAMHSA**

### St. Vincent Family Center

1490 East Main Street  
Columbus, Ohio 43205  
Phone: (614) 252-0731  
Fax: (614) 252-8468  
TTY: (614) 252-2069  
[www.svfc.org](http://www.svfc.org)

Therapeutic School Age  
Heidi Kleinman, MSW LSW  
Program Director  
email: [hkleinman@svfc.org](mailto:hkleinman@svfc.org)



Little Kids...Big Tomorrows

# Therapeutic School Age

*A caring, structured  
environment for  
school age children*

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## Therapeutic School Age

St. Vincent Family Center's Therapeutic School Age program provides a structured environment for children ages 5 1/2 to 12 years of age that experience emotional and behavioral difficulties.

Children who participate in the Therapeutic School Age program generally meet one or more of the following:

- Exhibit chronic and severe emotional, social and/or behavioral problems, which result from a primary psychiatric diagnosis.
- Have a history of not responding to traditional outpatient treatment or short-term acute hospitalization.
- Have a full scale IQ of 70 or above.
- Have difficulty meeting their educational goals due to emotional or behavioral problems.

Many of the children also exhibit the following behaviors:

- Disobedience
- Poor interpersonal relationships
- Unruly behavior
- Harsh/unkind self-image
- Depression
- Poor school performance
- Repeated conflicts with others
- Difficulty controlling emotions
- Aggression
- Anxiety/obsessions/compulsions

At St. Vincent Family Center, we provide a well-rounded experience for the children and families that we serve. Along with the Therapeutic School Age program, services include:

### Counseling Services

Clinical services are provided to all children according to their individual treatment plans, which are formulated with the families. Each treatment plan lists the type and frequency of services to be provided to that particular child.

### Assessment and Evaluation

Each child entering into the Therapeutic School Age program is assessed by St. Vincent Family Center's intake department. Children are evaluated for Psycho-social history, Psychiatric evaluation, Physical exam/medical screening.

### Who Can Make Referrals?

Referrals can be made by parent/care givers, social service agencies, school personnel, community mental health agencies, clergy and other providers in central Ohio.

### Our Caring Staff

The Medical Director, a board-certified Pediatric Psychiatrist, works with Registered Nurses and therapists to address medical and psychiatric concerns. This team consults with other providers to create a strong system of care. The Therapeutic School Age Program Director has completed advanced education and guides the overall direction of the treatment service. Licensed therapists with masters degrees provide individual, family and group therapy.

### Educational Services

A certified Special Education Teacher and a Behavioral Specialist are in each classroom in the Therapeutic School Age program. Art and music are provided to enhance self-expression skills, while physical education is provided to improve fitness and to teach children to interact cooperatively with others.

### Special Events

Children and families celebrate special events and special occasions together. Events are planned around graduations, holidays, multi-cultural and community activities.

### Nursing Services

Daily, on-site nursing services are available to ensure that the clients' health is regularly monitored.

### Emergency/Crisis Intervention

All staff receive training and certification in fire disaster, basic first aid, CPR and safe physical management (Therapeutic Crisis Intervention Techniques).

### Milieu Services

Milieu Services include, but are not limited to: conflict resolution, body boundaries, impulse control, improved self-esteem, peer social skills, appropriate identification and expression of feelings, personal safety and cultural awareness.

### Psychiatric Services

A board-certified Child Psychiatrist is on-site to provide evaluations, medication management and consultation.