

ST VINCENT FAMILY CENTER

At St. Vincent's, we specialize in strengthening the family relationship, working with families who have been traumatized, and increasing positive behaviors in children.

Other services provided by St. Vincent Family Center include:

- Community Psychiatric Supportive Treatment
- After School Program
- Outpatient Treatment for Families and Children
- Hispanic/Latino Services
- Mental Health Education/Prevention and Consultation
- Medication Management Clinic
- Residential/Respite Services
- Deaf Services
- Therapeutic School Age



Our Mission:

St. Vincent Family Center is a family service organization that develops children, strengthens families and sustains communities.



St. Vincent Family Center

1490 East Main Street
Columbus, Ohio 43205
Phone: (614) 252-0731
Fax: (614) 252-8468
TTY: (614) 252-2069
www.svfc.org

After School Program
Heidi Kleinman, MSW, LSW
Program Director
email: hkleinman@svfc.org



Little Kids...Big Tomorrows

Therapeutic Preschool

*Identifying strengths within
the child and family.*



Therapeutic Preschool

St. Vincent Family Center's Therapeutic Preschool is a year-round program for children ages 3-6 years old. Our program serves children who have severe behavioral, emotional and/or social challenges. Parents/caregivers work along with the staff to identify strengths within the child and family. The goal is to help the child learn more positive behaviors, social skills and problem-solving skills. The parent/caregiver is seen as an essential team member.

Children receiving treatment in the Therapeutic Program generally meet one or more of the following:

- Exhibits chronic and severe emotional, social and/or behavioral problems.
 - Generally have problems in a regular daycare, preschool, Head Start or kindergarten program.
 - Have a full scale IQ of 70 or above.
- Many of the children also exhibit the following behaviors:
- Oppositional/defiant
 - High activity level/short attention span
 - Poor interpersonal relationships
 - Unruly behavior
 - Aggression
 - Depression
 - Anxiety

Who Can Make Referrals?

Referrals to the Therapeutic Program may be made by Head Start programs, preschools, daycare centers, schools, mental health agencies, social service agencies, parents/caregivers and other providers in Central Ohio.

Our Caring Staff

Your child is in good hands at St. Vincent Family Center. Our team of highly qualified staff include a board-certified Pediatric Psychiatrist who works with Registered Nurses to address medical and psychiatric concerns. They consult with other providers to create a strong system of care and support.

The Therapeutic Program Director has completed advanced training and education and guides the overall direction of the program. Master's level, licensed clinical therapists provide individual, family and group therapy; Preschool Behavioral Specialists and Assistants provide services in the classroom on a daily basis.

A Caring Environment

Each classroom has 9 to 11 children with two staff members. Currently, there are seven classrooms, two of which are provided in conjunction with Columbus Public Schools and are staffed by Columbus Public Teachers. St. Vincent Family Center provides two kindergarten classrooms, as well.

Counseling Services

At St. Vincent Family Center, we provide a well-rounded experience for the children and families that we serve. In addition to Therapeutic Preschool, the following services are available:

Clinical services are provided to all children according to their individual treatment plans, which are formulated with the families. Each treatment plan lists the type and frequency of services to be provided to that particular child.

Psychiatric Services

A board-certified child Psychiatrist is on-site to provide evaluations, medication management and consultation.

Nursing Services

Daily, on-site nursing services are available to ensure that the clients' health is regularly monitored.

Milieu Services

Milieu Services include, but are not limited to: conflict resolution, body boundaries, impulse control, improved self-esteem, peer social skills, appropriate identification and expression of feelings, personal safety and cultural awareness.

Emergency/Crisis Intervention

All staff receive training and certification in fire disaster, basic first aid, CPR and safe physical management (Therapeutic Crisis Intervention Techniques).