

ST VINCENT FAMILY CENTER

At St. Vincent's, we specialize in strengthening the family relationship, working with families who have been traumatized, and increasing positive behaviors in children.

Other services provided by St. Vincent Family Center include:

- Community Psychiatric Supportive Treatment
- After School Program
- Residential/Respite Services
- Hispanic/Latino Services
- Mental Health Education/Prevention and Consultation
- Medication Management Clinic
- Therapeutic Preschool
- Therapeutic School Age
- Deaf Services



st Vincent
family center



Our Mission:

St. Vincent Family Center is a family service organization that develops children, strengthens families and sustains communities.



SAMHSA

St. Vincent Family Center

1490 East Main Street
Columbus, Ohio 43205
Phone: (614) 252-0731
Fax: (614) 252-8468
TTY: (614) 252-2069
www.svfc.org

After School Program
Amber Lentz
Program Director
email: alentz@svfc.org



Little Kids...Big Tomorrows

Outpatient Family Services

*Working together to
strengthen the family*

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At St. Vincent Family Center, we provide a well-rounded experience for the children and families that we serve.

Individual Therapy

Children who participate in individual therapy are taught to use verbal skills to identify and label feelings and behaviors, discuss family and peer relationships and to learn ways to change problem behaviors and cope with stress in their lives.

Group Therapy

Group Therapy is an effective way to help children and adolescents learn to cope with difficult situations and change behaviors. By working with a therapist and interacting with other children who face similar struggles, children learn to change their feelings and behaviors and are able to learn and practice appropriate social skills.

Family Therapy

Family Therapy looks at problems and solutions from the family point of view. A therapist meets with the family as a group to explore and practice how each family member can identify and meet each other's needs in a healthy, productive way.

Psychiatric Services

A board-certified Child Psychiatrist is on-site to provide evaluations, medication management and consultation.

Who Can Make Referrals?

Referrals for Outpatient Family Services may be made by social service agencies, community mental health agencies, parents, caregivers, school personnel, clergy and other providers in Central Ohio.

Information and Evaluations

Each child entering into Outpatient Family Services is assessed by staff at St. Vincent Family Center's intake department. After this assessment, the child is assigned a therapist who schedules sessions with the family, which typically occur every one or two weeks. The family and the therapist work together to develop an individual treatment plan for the child. The therapist regularly assesses progress made by the child.

School Readiness Programs

With many thanks to funds provided by United Way, St. Vincent Family Center provides services in elementary and middle school that focus on school readiness in order to increase high school graduation rates.

United Way has also made it possible for St. Vincent Family Center to provide in-home prevention services for families with children birth-5 years of age. This service focuses on school readiness and assists the parents to help their child grow and develop to their best potential.

Outpatient Family Services

Outpatient Family Services is a family-centered counseling service for children birth through 18 years old who experience learning, behavioral and emotional problems, and their families. Treatment focuses on individual, group and family therapy and behavior management. Our staff work with the family to intervene before issues affecting them create additional challenges.

Children receiving treatment through Outpatient Family Services generally meet one or more of the following:

- Physical aggression
- Anger management problems
- Misbehavior at home or in school
- Peer problems
- Family conflict/divorce
- Sexual and/or physical abuse
- School/academic problems
- Depression
- Attention Deficit Hyperactivity Disorder
- Bipolar Disorder

Our Caring Staff

Our Outpatient Services staff have masters or doctoral degrees and are licensed to provide therapy. The staff also have extensive training in Parent Child Interaction Therapy, Eye Movement Desensitization and Reprocessing, Parent Directed Interaction and other effective methods for treatment.