

## ST VINCENT FAMILY CENTER

At St. Vincent's, we specialize in strengthening the family relationship, working with families who have been traumatized, and increasing positive behaviors in children.

### Other services provided by St. Vincent Family Center include:

- Community Psychiatric Supportive Treatment
- Therapeutic School Age Program
- Therapeutic Preschool
- Outpatient Treatment for Families and Children
- Hispanic/Latino Services
- Mental Health Education/Prevention and Consultation
- Medication Management Clinic
- Medication/Respite Services
- Deaf Services



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#### Our Mission:

St. Vincent Family Center is a family service organization that develops children, strengthens families and sustains communities.



**SAMHSA**

#### St. Vincent Family Center

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After School Program  
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Little Kids...Big Tomorrows

## After School Program

*a structured, therapeutic program for children with behavioral and/or emotional challenges.*

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## After School Program

The After School Program at St. Vincent Family Center is a structured, therapeutic program for children with behavioral and/or emotional challenges. This intensive program is intended to either prevent out-of-home placement or to aid in the transition from a more restrictive setting (i.e. residential care) to a more community based setting (i.e. home, foster care).



Participants of the program participate in group-based activities that teach proper methods to identify symptoms and manage inappropriate behaviors. The program uses a therapeutic approach to focus on the following core areas:

- Social and Peer Interaction
- Conflict Resolution/Communication Skills
- Anger/Stress Management
- Life-Skills
- Appropriate Feeling Expressions
- Self-Esteem
- Compliance with rules and authority

The children enrolled in the After School Program at St. Vincent Family Center generally meet two or more of the following:

- Is 5 1/2 to 12 years old
- Is unable to be maintained in current after school setting due to behavioral health issues.
- Is a risk for out-of-home or more restrictive placement
- Is in need of a transition between living at home and more restrictive care

## Our Caring Staff

Our qualified staff keep our After School Program strong. A board-certified Pediatric Psychiatrist works with Registered Nurses and therapists to address medical and psychiatric concerns. Our staff consults with other providers to create a strong system of care.

The After School Program Director has completed advanced education and guides the overall direction of the treatment service. Licensed behavioral health professionals provide individual, group and family therapy. Support staff are trained in numerous behavior modification techniques and crisis intervention to provide a structured environment for treatment.

At St. Vincent Family Center, we provide a well-rounded experience for the children and families that we serve. In addition to the After School Program, the following services are available:

## Counseling Services

Clinical services are provided to children according to their individual treatment plans, which are formulated with the families. Each treatment plan lists the type and frequency of services to be provided to that particular child.

## Psychiatric Services

A board-certified child Psychiatrist is on-site to provide evaluations, medication management and consultation.

## Nursing Services

Daily, on-site nursing services are available to ensure that the clients' health is regularly monitored.

