

ST VINCENT FAMILY CENTER

At St. Vincent's, we specialize in strengthening the family relationship, working with families who have been traumatized, and increasing positive behaviors in children.

Other services provided by St. Vincent Family Center include:

- Community Psychiatric Supportive Treatment
- Therapeutic Preschool
- Therapeutic School Age
- After School Program
- Residential/Respite Services
- Hispanic/Latino Services
- Mental Health Education/Prevention and Consultation
- Medication Management Clinic
- Deaf Services



Our Mission:

We make good kids better by providing behavioral health services in a learning community to change the lives of children and families



St. Vincent Family Center

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Outpatient Family Services

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We Make Good Kids Better

Outpatient Family Services



Outpatient Family Services

Outpatient Family Services is a family-centered counseling service for children birth through 18 years old who experience learning, behavioral and emotional problems. Treatment focuses on individual, group and family therapy and behavior management. Our staff members work with the family to intervene before issues affecting them create additional challenges. Our services provide a strength based approach that supports children and families to achieve the greatest potential.

Children receiving treatment through Outpatient Family Services generally meet one or more of the following:

- Physical aggression
- Anger management problems
- Misbehavior at home or in school
- Peer problems
- Family conflict/divorce
- Sexual and/or physical abuse
- School/academic problems
- Depression
- Attention Deficit Hyperactivity Disorder
- Bipolar Disorder
- Anxiety
- History of trauma experiences
- Grief/loss
- Low self-esteem

Our Caring Staff

Our Outpatient Services staff have masters or doctoral degrees and are licensed to provide therapy. The staff also have extensive training in Play Therapy, Eye Movement Desensitization and Reprocessing, Parent Directed Interaction and other effective methods for treatment.

Who Can Make Referrals?

Referrals for Outpatient Family Services may be made by social service agencies, community mental health agencies, parents, care givers, school personnel, clergy and other providers in central Ohio.

Information and Evaluations

Each child entering into Outpatient Family Services is assessed by staff at St. Vincent Family Center's intake department. After this assessment, the child is assigned a therapist who schedules weekly sessions with the family. The family and the therapist work together to develop an individual treatment plan for the child. The therapist regularly assesses progress made by the child.

At St. Vincent Family Center, we provide a well-rounded experience for the children and families that we serve.

Individual Therapy

Children who participate in individual therapy are taught to use verbal skills to identify and label feelings and behaviors, discuss family and peer relationships and to learn ways to change problem behaviors and cope with stress in their lives.

Additionally, children develop improved self-concept, confidence to utilize positive decision-making skills, and better manage difficult emotional experiences.

Family Therapy

Family Therapy looks at problems and solutions from the family point of view. A therapist meets with the family as a group to explore and practice how each family member can identify and meet each other's needs in a healthy, productive way.

Psychiatric Services

A board-certified Child Psychiatrist is on-site to provide evaluations, medication management and consultation.