

## Our Caring Staff

Our dedicated and highly trained therapists work to address the complex issues facing each family, helping them to become less dependent on outside support systems and more reliant on each other. We believe that the family is the most powerful social institution and should be supported and maintained whenever possible.

Therapists in our Intensive Home and Community Based Services have masters degrees and are licensed to provide therapy. All are specially trained to provide therapy and support services that focus on the child's needs, involve the entire family, and are culturally competent. Therapy is planned around the child's psycho-social, developmental, and treatment care needs.



st Vincent  
family center



### Our Mission:

St. Vincent Family Center is a family service organization that develops children, strengthens families and sustains communities.



### St. Vincent Family Center

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### 24 Hour Crisis Number:

(614) 975-6176



Little Kids...Big Tomorrows

## Intensive Home and Community Based Services

*Working together to  
strengthen the family*

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family center

## Intensive Home and Community Based Services

St. Vincent Family Center offers Intensive Home and Community Based Services to children and youth who are at risk of hospitalization, out-of-home placement or who have recently been returned from out-of-home placement due to severe emotional and/or behavioral challenges or family crisis. Therapy involves the entire family, where our therapists work on crisis-intervention and parenting skills to strengthen families in need.

On average, a family obtaining help through our services receive 3 to 5 hours of treatment per week. The structure of the program often includes individual sessions with a therapist and child, therapist and caregivers, and sessions that include the entire family.



Intensive Home and Community Based Services seeks to develop, support, and empower the family. Our therapists teach problem solving skills, teach parents to become self-advocates and coordinate community support that is available to the family. In most cases, therapy through this program occurs in the family's home. We focus on intensive, short-term (3-6 months) therapy to assist with crisis intervention.

Children receiving treatment through Intensive Home and Community Based Services generally meet one or more of the following:

- Treatment in a less restrictive service was attempted, but not effective
- Youth and/or family have insufficient resources or skills necessary to cope with an immediate crisis
- Youth and/or family issues are unmanageable in school based or behavioral program settings
- Youth is at risk of (or currently in) an out-of-home placement and reunification is imminent.

Often children and youth who receive help through Intensive Home and Community Based Services have experienced the following:

- Physical aggression
- Anger management problems
- Misbehavior at home or in school
- Peer problems
- Family Conflict/ Divorce
- Sexual and/or physical abuse
- School/academic problems
- Depression
- Bipolar Disorder
- Anxiety
- History of trauma experiences
- Grief/ Loss
- Low self-esteem

